

Building Energy Code Working Group of IEA EBC TCP 3rd June 2026

Evaluation of building performance against overheating

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Japanese climatic conditions

- They range from severely cold to hot humid.
- Profiles of energy consumptions for different uses vary among regions.

Fig. 1 Zone classification by energy conservation standard

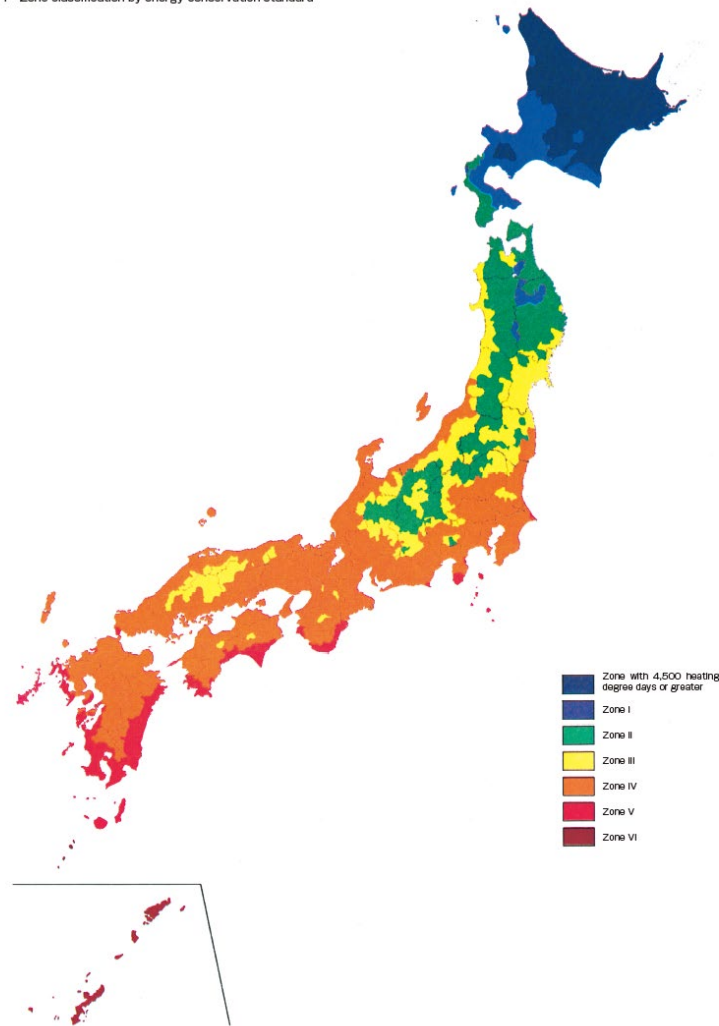
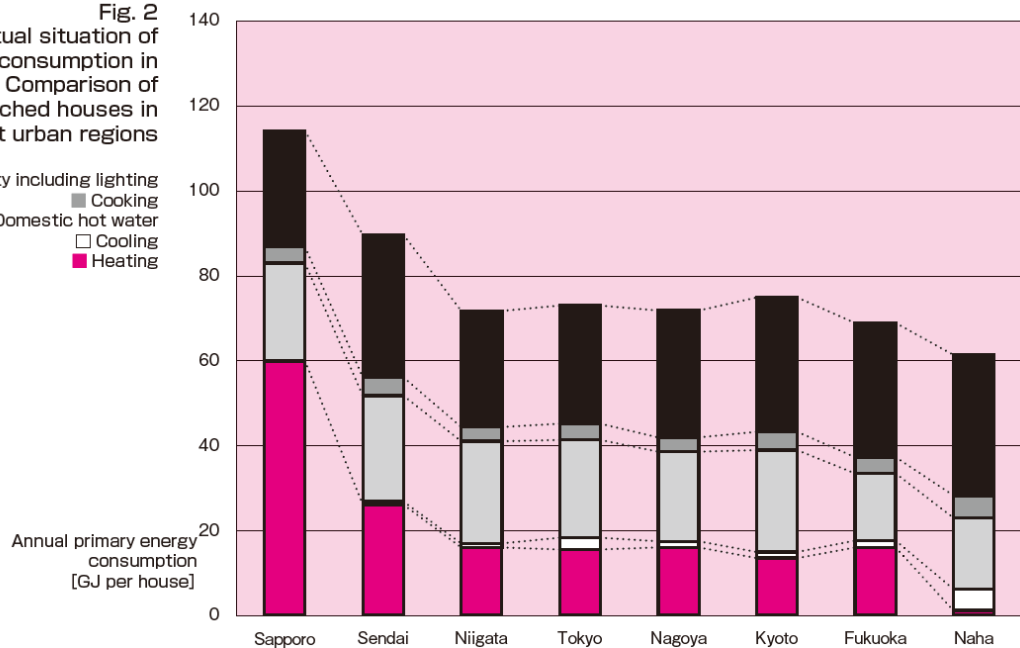


Fig. 2
Actual situation of
energy consumption in
housing: Comparison of
detached houses in
eight urban regions

■ Electricity including lighting
■ Cooking
■ Domestic hot water
□ Cooling
■ Heating



factors of overheating in residential buildings

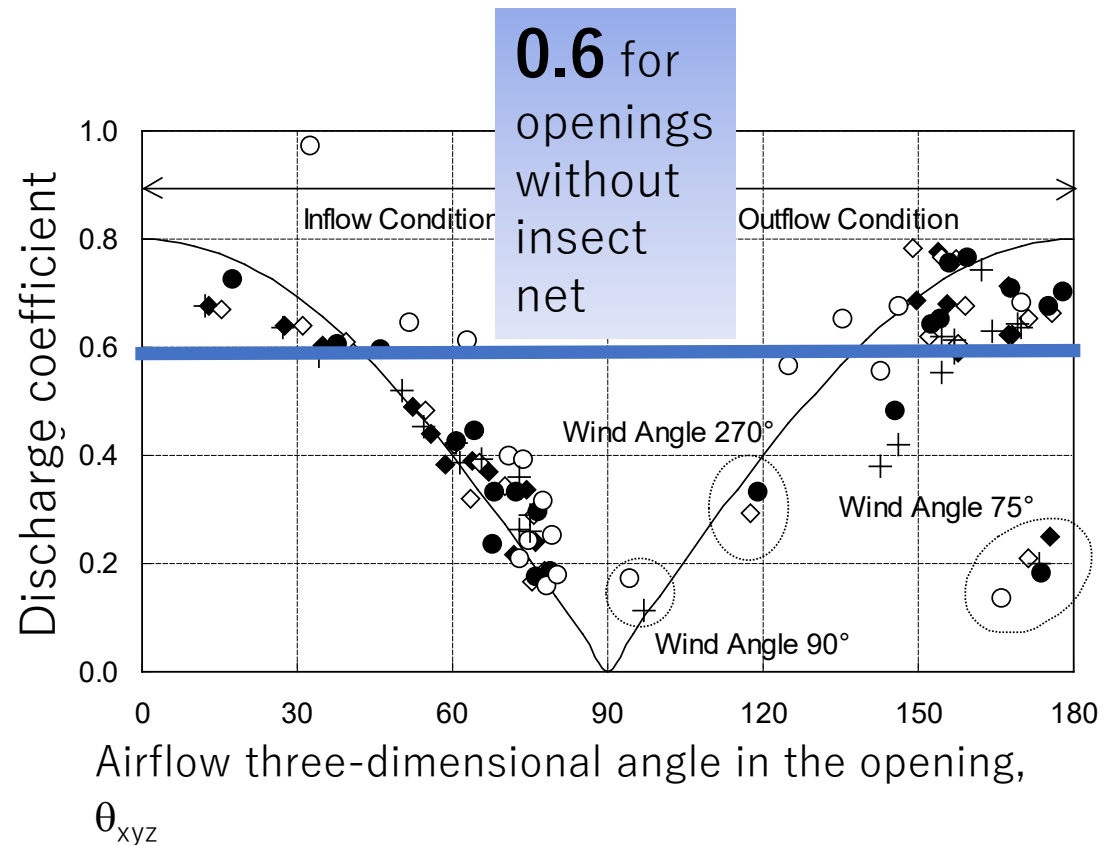
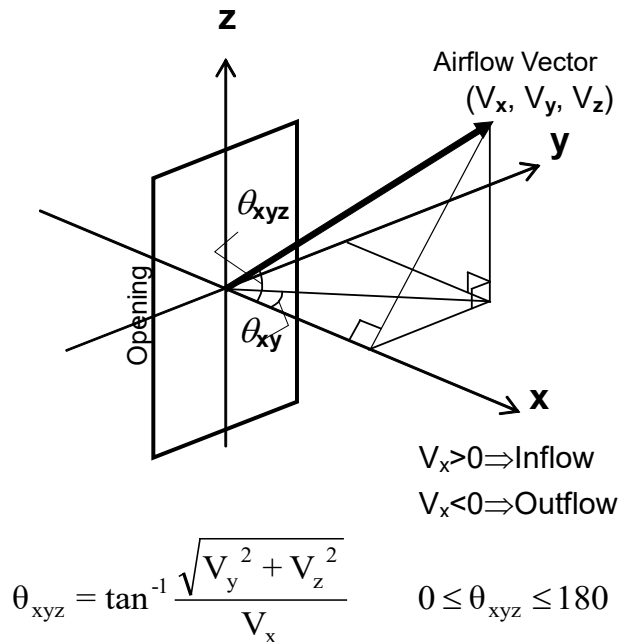
1. Solar heat gain
 - Through windows and other openings (shading)
 - Through roofs (insulation, vented cavity, reflectivity)
2. Thermal mass
3. Internal heat gain
 - Lighting
 - Electric appliances including refrigerators and TV sets
 - Cooking
4. Natural ventilation
 - Wind induced
 - Buoyancy induced
5. Cooling equipment
 - Fans
 - Room air-conditioners

factors evaluated in the Japanese building energy code for residential buildings

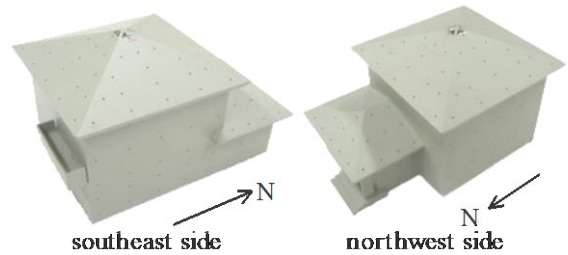
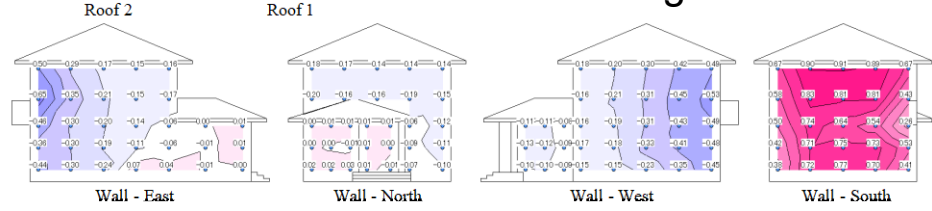
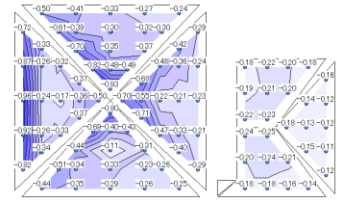
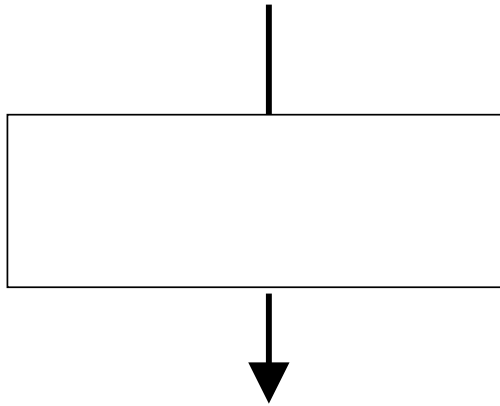
Cooling energy use is calculated taking the following factors into consideration:

1. Solar heat gain
 - Through windows and other openings (shading)
 - Through roofs (insulation, vented cavity, reflectivity)
2. Thermal mass
3. Internal heat gain
 - Lighting
 - Electric appliances including refrigerators and TV sets
 - Cooking
4. Natural ventilation
 - Wind induced
5. Cooling equipment
 - Room air-conditioners

Discharge coefficient of windows

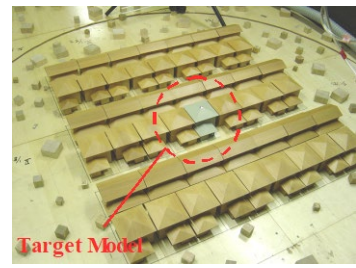
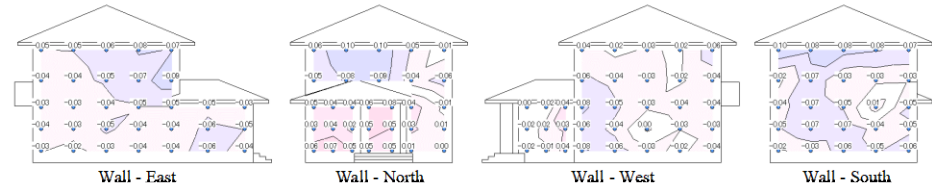
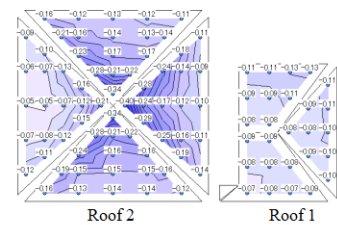


Wind pressure coefficient



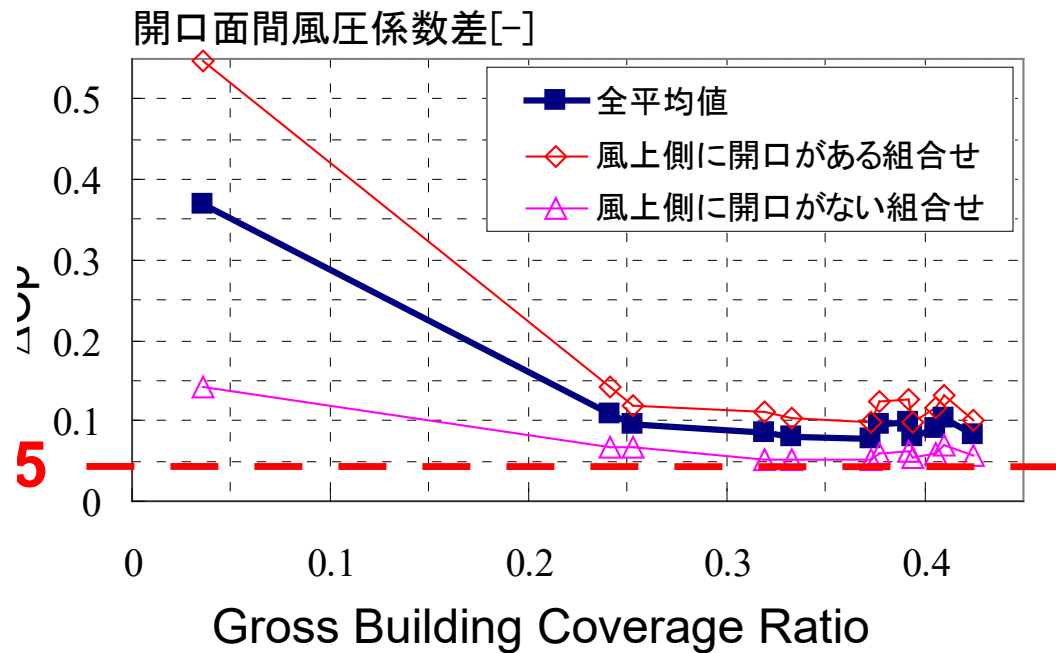
Building Model

1) Isolated setting

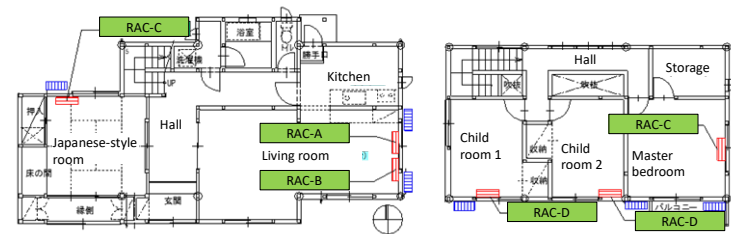
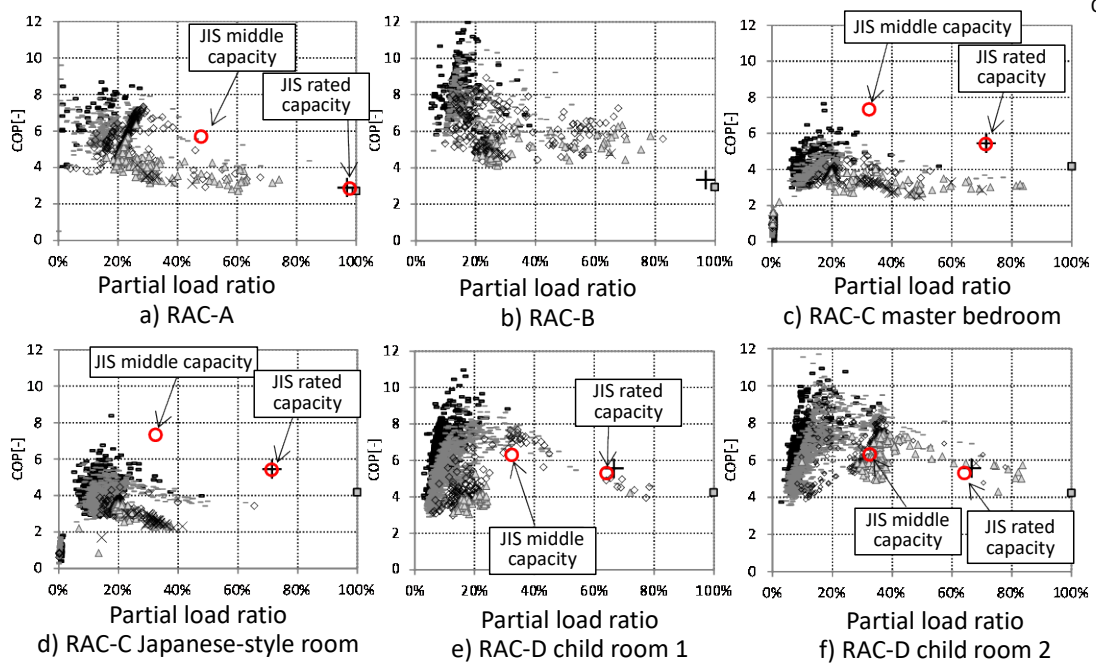


2) Residential District setting

istribution of Wind Pressure Coefficient

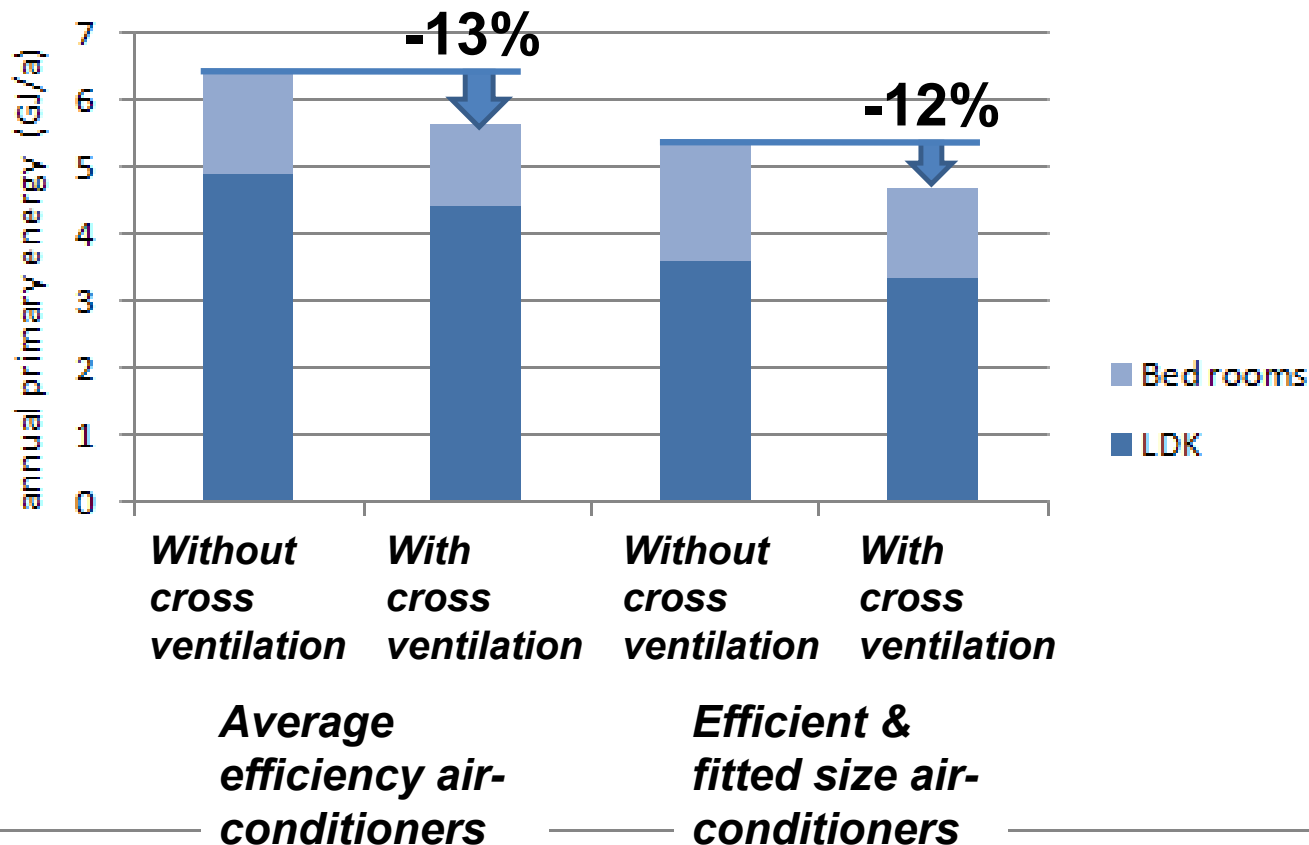


立地条件		開口位置と風向の関係					採用した値	
想定した通風経路								
		A.1階隅角	B.2階隅角	C.1階対面	D.2階対面	E.2階壁面-屋根面		
密集住宅地	開口部が風上側にある場合	0.1~0.14	0.08~0.21	0.08~0.15	0.08~0.23	天窓が風下側屋根面にある場合	0.15~0.22	0.05
	開口部が風上側にない場合	0.05~0.07	0.06~0.08	0.08~0.13	0.08~0.14			



from the paper.

Examples of cooling energy calculation



Assumptions on the specifications of air-conditioners are;

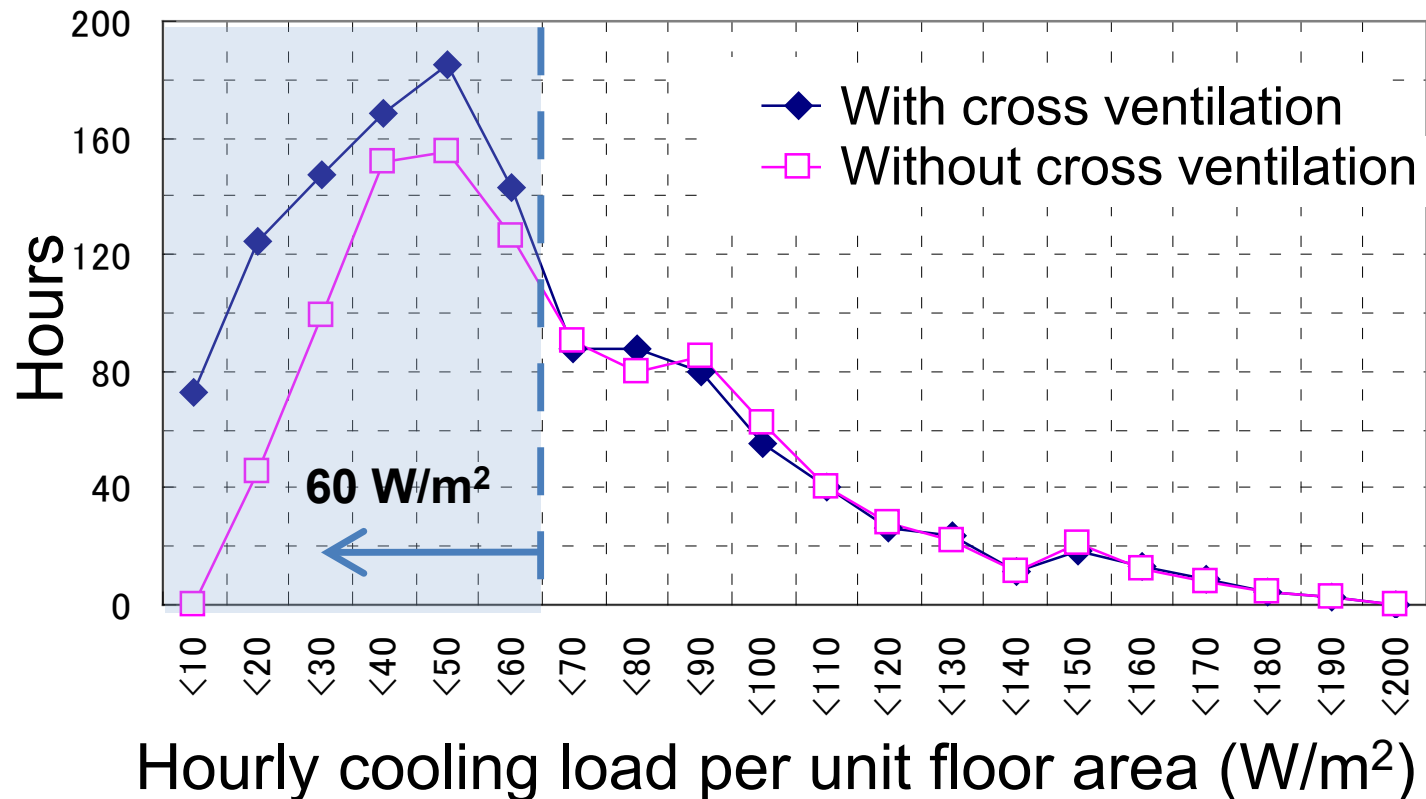
Average: (LDK) Max output **5.8kW** Rated output **5.6kW** COP **2.91**

(Bed rooms) Max output **3.05kW** Rated output **2.5kW** COP **5.09**

Efficient & fitted size: (LDK) Max output **3.3kW** Rated output **2.2kW** COP **5.57**

(Bed rooms) Max output **3.3kW** Rated output **2.2kW** COP **5.57**

Influence on the cooling load when the cross ventilation is taken into account



ooling load less than 60 W/m² decreases significantly 10

Thank you for your attention.